

# Fin Henri Lecluyse: Session: 1: COACH Evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 13:30 until 14:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mestdagh Hanne HEADCOACH

Coaches: Uittenhove Petra

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 3: 100M MEDLEY WOMEN 11+ Heat:2, starttime: 14:42**

**Heat: 2/8 Lane : 7 Athlete: LOCCUFIER FLEUR Q-time: 01:29:92**

**PB (25m pool): 01:29.92 WAREGEM 27/09/2025 PB (50m pool): no time SB: 01:29.92 WAREGEM 27/09/2025**

	25 M	50 M	75 M	100 M	
PB		no time		01:29.92	
	<i>no time</i>				
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Coach feedback:

**Event number: 3: 100M MEDLEY WOMEN 11+ Heat:3, starttime: 14:44**

**Heat: 3/8 Lane : 1 Athlete: CALLEWAERT ANTHE Q-time: 01:27:47**

**PB (25m pool): 01:27.47 Diksmuide 28/12/2025 PB (50m pool): no time SB: 01:27.47 Diksmuide 28/12/2025**

	25 M	50 M	75 M	100 M	
PB		00:40.30		01:27.47	
	<i>00:40.30</i>		<i>00:47.17</i>		
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Coach feedback:

**Event number: 3: 100M MEDLEY WOMEN 11+ Heat:4, starttime: 14:46**

**Heat: 4/8 Lane : 1 Athlete: SALEMBIER BABETTE Q-time: 01:23:40**

**PB (25m pool): 01:23.40 Diksmuide 08/02/2026 PB (50m pool): no time SB: 01:23.40 Diksmuide 08/02/2026**

	25 M	50 M	75 M	100 M	
PB		00:40.77		01:23.40	
	<i>00:40.77</i>		<i>00:42.63</i>		
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Coach feedback:

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<b>Event number: 3: 100M MEDLEY WOMEN 11+</b>				<b>Heat:4, starttime: 14:46</b>	
<b>Heat: 4/8 Lane : 2 Athlete: KIELB KORNELIA</b>				<b>Q-time: 01:22:05</b>	
PB (25m pool): 01:22.05 WAREGEM 27/09/2025			PB (50m pool): no time SB: 01:22.05 WAREGEM 27/09/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:22.05	
	<i>no time</i>				
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Coach feedback:

<b>Event number: 3: 100M MEDLEY WOMEN 11+</b>				<b>Heat:5, starttime: 14:48</b>	
<b>Heat: 5/8 Lane : 7 Athlete: BITU MARIE</b>				<b>Q-time: 01:19:43</b>	
PB (25m pool): 01:19.02 Diksmuide 10/03/2024			PB (50m pool): no time SB: 01:20.52 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:19.02	
	<i>no time</i>				
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Coach feedback:

<b>Event number: 3: 100M MEDLEY WOMEN 11+</b>				<b>Heat:6, starttime: 14:49</b>	
<b>Heat: 6/8 Lane : 2 Athlete: DEWITTE ELISE</b>				<b>Q-time: 01:16:31</b>	
PB (25m pool): 01:16.31 Diksmuide 28/12/2025			PB (50m pool): no time SB: 01:16.31 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:35.04		01:16.31	
	<i>00:35.04</i>		<i>00:41.27</i>		
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Coach feedback:

<b>Event number: 3: 100M MEDLEY WOMEN 11+</b>				<b>Heat:8, starttime: 14:53</b>	
<b>Heat: 8/8 Lane : 6 Athlete: MESTDAGH LAURE</b>				<b>Q-time: 01:10:31</b>	
PB (25m pool): 01:10.31 Meulebeke 06/04/2025			PB (50m pool): no time SB: 01:10.92 WAREGEM 27/09/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:10.31	
	<i>no time</i>				
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Coach feedback:

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<b>Event number: 4: 100M MEDLEY MEN 11+</b>				<b>Heat:2, starttime: 14:57</b>	
<b>Heat: 2/7 Lane : 4 Athlete: VERSTRAETE HENRI</b>				<b>Q-time: 01:23:49</b>	
PB (25m pool): 01:23.49 Meulebeke 06/04/2025			PB (50m pool): no time SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:23.49	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 4: 100M MEDLEY MEN 11+</b>				<b>Heat:4, starttime: 15:01</b>	
<b>Heat: 4/7 Lane : 8 Athlete: CALLEWAERT EBEN</b>				<b>Q-time: 01:19:10</b>	
PB (25m pool): 01:19.10 Diksmuide 28/12/2025			PB (50m pool): no time SB: 01:19.10 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:37.92		01:19.10	
	<i>00:37.92</i>		<i>00:41.18</i>		
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Coach feedback:

<b>Event number: 4: 100M MEDLEY MEN 11+</b>				<b>Heat:7, starttime: 15:06</b>	
<b>Heat: 7/7 Lane : 3 Athlete: DEVRIESE JONATHAN</b>				<b>Q-time: 01:04:96</b>	
PB (25m pool): 01:04.96 Meulebeke 06/04/2025			PB (50m pool): no time SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:04.96	
	<i>no time</i>				
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Coach feedback:

<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:1, starttime: 15:14</b>	
<b>Heat: 1/7 Lane : 4 Athlete: LOCCUFIER FLEUR</b>				<b>Q-time: 01:17:03</b>	
PB (25m pool): 01:17.03 Diksmuide 28/12/2025			PB (50m pool): 01:17.69 SB: 01:17.03 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:37.29		01:17.03	
	<i>00:37.29</i>		<i>00:39.74</i>		
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Coach feedback:

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<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:2, starttime: 15:16</b>	
<b>Heat: 2/7 Lane : 4 Athlete: CALLEWAERT ANTHE</b>				<b>Q-time: 01:11:78</b>	
PB (25m pool): 01:13.07 Diksmuide 28/12/2025			PB (50m pool): 01:11.78 SB: 01:13.07 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:35.14		01:13.07	
		00:35.14		00:37.93	
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Coach feedback:

<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:3, starttime: 15:18</b>	
<b>Heat: 3/7 Lane : 6 Athlete: SALEMBIER BABETTE</b>				<b>Q-time: 01:10:75</b>	
PB (25m pool): 01:10.75 leper 04/01/2026			PB (50m pool): 01:13.51 SB: 01:10.75 leper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:34.31		01:10.75	
		00:34.31		00:36.44	
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Coach feedback:

<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:5, starttime: 15:21</b>	
<b>Heat: 5/7 Lane : 1 Athlete: KIELB KORNELIA</b>				<b>Q-time: 01:06:97</b>	
PB (25m pool): 01:07.19 Diksmuide 08/02/2026			PB (50m pool): 01:06.97 SB: 01:07.19 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:07.19	
		no time			
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:6, starttime: 15:23</b>	
<b>Heat: 6/7 Lane : 5 Athlete: DEWITTE ELISE</b>				<b>Q-time: 01:02:92</b>	
PB (25m pool): 01:02.92 Diksmuide 28/12/2025			PB (50m pool): 01:04.63 SB: 01:02.92 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:29.92		01:02.92	
		00:29.92		00:33.00	
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Coach feedback:

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<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:7, starttime: 15:24</b>	
<b>Heat: 7/7 Lane : 7 Athlete: MESTDAGH LAURE</b>				<b>Q-time: 01:01:98</b>	
PB (25m pool): 01:02.43 Brugge 20/10/2024			PB (50m pool): 01:01.98 SB: 01:03.10 leper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:02.43	
	no time				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 7: 100M FREESTYLE MEN 11+</b>				<b>Heat:4, starttime: 15:32</b>	
<b>Heat: 4/7 Lane : 1 Athlete: CALLEWAERT EBEN</b>				<b>Q-time: 01:07:25</b>	
PB (25m pool): 01:07.25 leper 04/01/2026			PB (50m pool): 01:08.01 SB: 01:07.25 leper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:32.73		01:07.25	
	00:32.73		00:34.52		
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Coach feedback:

<b>Event number: 7: 100M FREESTYLE MEN 11+</b>				<b>Heat:5, starttime: 15:33</b>	
<b>Heat: 5/7 Lane : 2 Athlete: VERSTRAETE HENRI</b>				<b>Q-time: 01:04:14</b>	
PB (25m pool): 01:06.22 Diksmuide 28/12/2025			PB (50m pool): 01:04.14 SB: 01:06.22 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:31.70		01:06.22	
	00:31.70		00:34.52		
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Coach feedback:

<b>Event number: 7: 100M FREESTYLE MEN 11+</b>				<b>Heat:7, starttime: 15:36</b>	
<b>Heat: 7/7 Lane : 5 Athlete: DEVRIESE JONATHAN</b>				<b>Q-time: 00:55:14</b>	
PB (25m pool): 00:55.14 Zwevegem 11/05/2025			PB (50m pool): 00:55.75 SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:26.31		00:55.14	
	00:26.31		00:28.83		
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Coach feedback:

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<b>Event number: 8: 100M BREASTSTROKE WOMEN 11+</b>				<b>Heat:1, starttime: 15:58</b>	
<b>Heat: 1/4 Lane : 5 Athlete: SALEMBIER BABETTE</b>				<b>Q-time: 01:32:99</b>	
PB (25m pool): 01:32.99 Diksmuide 08/02/2026			PB (50m pool): 01:48.75 SB: 01:32.99 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:44.59		01:32.99	
	00:44.59		00:48.40		
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Coach feedback:

<b>Event number: 8: 100M BREASTSTROKE WOMEN 11+</b>				<b>Heat:2, starttime: 16:01</b>	
<b>Heat: 2/4 Lane : 2 Athlete: BITU MARIE</b>				<b>Q-time: 01:28:50</b>	
PB (25m pool): 01:27.86 Zwevegem 05/03/2023			PB (50m pool): 01:32.03 SB: 01:29.66 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:27.86	
	no time				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 8: 100M BREASTSTROKE WOMEN 11+</b>				<b>Heat:4, starttime: 16:04</b>	
<b>Heat: 4/4 Lane : 3 Athlete: MESTDAGH LAURE</b>				<b>Q-time: 01:18:14</b>	
PB (25m pool): 01:15.31 Brugge 20/10/2024			PB (50m pool): 01:18.87 SB: 01:18.14 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:35.56		01:15.31	
	00:35.56		00:39.75		
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Coach feedback:

<b>Event number: 9: 100M BREASTSTROKE MEN 11+</b>				<b>Heat:1, starttime: 16:07</b>	
<b>Heat: 1/2 Lane : 3 Athlete: CALLEWAERT EBEN</b>				<b>Q-time: 01:23:65</b>	
PB (25m pool): 01:23.65 Diksmuide 08/02/2026			PB (50m pool): 01:25.77 SB: 01:23.65 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:39.85		01:23.65	
	00:39.85		00:43.80		
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Coach feedback:

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<b>Event number: 11: 100M BACKSTROKE WOMEN 11+</b>				<b>Heat:1, starttime: 16:14</b>	
<b>Heat: 1/3 Lane : 5 Athlete: CALLEWAERT ANTHE</b>				<b>Q-time: 01:22:09</b>	
PB (25m pool): 01:20.83 Meulebeke 19/04/2026			PB (50m pool): 01:22.09 SB: 01:20.83 Meulebeke 19/04/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:20.83	
	no time				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 11: 100M BACKSTROKE WOMEN 11+</b>				<b>Heat:1, starttime: 16:14</b>	
<b>Heat: 1/3 Lane : 7 Athlete: LOCCUFIER FLEUR</b>				<b>Q-time: 01:28:35</b>	
PB (25m pool): 01:28.35 Diksmuide 28/12/2025			PB (50m pool): 01:30.27 SB: 01:28.35 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:44.28		01:28.35	
	00:44.28		00:44.07		
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Coach feedback:

<b>Event number: 11: 100M BACKSTROKE WOMEN 11+</b>				<b>Heat:2, starttime: 16:17</b>	
<b>Heat: 2/3 Lane : 3 Athlete: DEWITTE ELISE</b>				<b>Q-time: 01:14:55</b>	
PB (25m pool): 01:14.55 Temse 17/11/2025			PB (50m pool): 01:15.46 SB: 01:14.55 Temse 17/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:36.71		01:14.55	
	00:36.71		00:37.84		
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Coach feedback:

<b>Event number: 12: 100M BACKSTROKE MEN 11+</b>				<b>Heat:4, starttime: 16:29</b>	
<b>Heat: 4/4 Lane : 6 Athlete: DEVRIESE JONATHAN</b>				<b>Q-time: 01:05:34</b>	
PB (25m pool): 01:05.34 Diksmuide 12/10/2025			PB (50m pool): 01:07.82 SB: 01:05.34 Diksmuide 12/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:31.81		01:05.34	
	00:31.81		00:33.53		
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Coach feedback:

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<b>Event number: 13: 100M BUTTERFLY WOMEN 11+</b>				<b>Heat:1, starttime: 16:31</b>	
<b>Heat: 1/1 Lane : 2 Athlete: KIELB KORNELIA</b>				<b>Q-time: 01:17:62</b>	
PB (25m pool): 01:18.70 leper 04/01/2026			PB (50m pool): 01:17.62 SB: 01:18.70 leper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:36.23		01:18.70	
	00:36.23		00:42.47		
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Coach feedback:

<b>Event number: 14: 100M BUTTERFLY MEN 11+</b>				<b>Heat:2, starttime: 16:36</b>	
<b>Heat: 2/2 Lane : 8 Athlete: VERSTRAETE HENRI</b>				<b>Q-time: 01:15:55</b>	
PB (25m pool): 01:15.55 Diksmuide 28/12/2025			PB (50m pool): 01:28.43 SB: 01:15.55 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:34.50		01:15.55	
	00:34.50		00:41.05		
	.....	.....	.....	.....	

Coach feedback: